

a simple celebration of morning prayer

Lent



HARBOUR CHURCH
WEST WITTERING • BIRDHAM • ITCHENC

Preparation

O Lord, open our lips

All and our mouth shall proclaim your praise.

Hear our voice, O Lord, according to your faithful love,

All according to your judgement give us life.

A Song of Penitence

1 Have mercy on me, O God, in your great goodness; ♦
according to the abundance of your compassion
blot out my offences.

2 Wash me thoroughly from my wickedness ♦
and cleanse me from my sin.

3 For I acknowledge my faults ♦
and my sin is ever before me.

4 Against you only have I sinned ♦
and done what is evil in your sight,

5 So that you are justified in your sentence ♦
and righteous in your judgement.

6 Cast me not away from your presence ♦
and take not your holy spirit from me.

7 Give me again the joy of your salvation ♦
and sustain me with your gracious spirit;

8 Then shall I teach your ways to the wicked ♦
and sinners shall return to you.

9 Deliver me from my guilt, O God,
the God of my salvation, ♦
and my tongue shall sing of your righteousness.

Psalm 51.1–5, 12–15

**All Glory to the Father and to the Son and to the Holy Spirit;
as it was in the beginning is now and shall be for ever. Amen.**

The night has passed, and the day lies open before us;
let us pray with one heart and mind.

Silence is kept.

As we rejoice in the gift of this new day,

so may the light of your presence, O God,
set our hearts on fire with love for you;
now and for ever.

All Amen.

The Word of God Psalmody

We may say the psalm together. Each psalm or group of psalms may end with

**All Glory to the Father and to the Son and to the Holy Spirit;
as it was in the beginning is now and shall be for ever. Amen.**

A Song of Humility

Refrain:

**All Raise us up, O God,
that we may live in your presence.**

1 Come, let us return to the Lord ♦
who has torn us and will heal us.

2 God has stricken us ♦
and will bind up our wounds.

3 After two days, he will revive us, ♦
and on the third day will raise us up,
that we may live in his presence.

4 Let us strive to know the Lord; ♦
his appearing is as sure as the sunrise.

5 He will come to us like the showers, ♦
like the spring rains that water the earth.

6 'O Ephraim, how shall I deal with you? ♦
How shall I deal with you, O Judah?

7 'Your love for me is like the morning mist, ♦
like the dew that goes early away.

8 'Therefore, I have hewn them by the prophets, ♦
and my judgement goes forth as the light.

9 'For loyalty is my desire and not sacrifice, ♦
and the knowledge of God rather than burnt offerings.'

Hosea 6.1-6

**All Glory to the Father and to the Son and to the Holy Spirit;
as it was in the beginning is now and shall be for ever. Amen.**

**All Raise us up, O God,
that we may live in your presence.**

To you, O Lord, I lift up my soul;
All O my God, in you I trust.
You are the God of my salvation,
All To you, O Lord, I lift up my soul.
In you I hope all the day long.
All O my God, in you I trust.
Remember, Lord, your compassion and love,
for they are from everlasting.
All To you, O Lord, I lift up my soul;
O my God, in you I trust.

from Psalm 25

Gospel Canticle

The Benedictus (The Song of Zechariah)

Refrain:

**All Blessed are those who hunger and thirst for righteousness,
for they shall be satisfied.**

1 Blessed be the Lord the God of Israel, ◆
who has come to his people and set them free.

2 He has raised up for us a mighty Saviour, ◆
born of the house of his servant David.

3 Through his holy prophets God promised of old ◆
to save us from our enemies,
from the hands of all that hate us,

4 To show mercy to our ancestors, ◆
and to remember his holy covenant.

5 This was the oath God swore to our father Abraham: ◆
to set us free from the hands of our enemies,

6 Free to worship him without fear, ◆
holy and righteous in his sight
all the days of our life.

7 And you, child, shall be called the prophet of the Most High, ◆
for you will go before the Lord to prepare his way,

8 To give his people knowledge of salvation ◆
by the forgiveness of all their sins.

9 In the tender compassion of our God ◆
the dawn from on high shall break upon us,

10 To shine on those who dwell in darkness and the shadow of
death, ◆ and to guide our feet into the way of peace.

Luke 1.68–79

All Glory to the Father and to the Son and to the Holy Spirit;
as it was in the beginning is now and shall be for ever. Amen.
All Blessed are those who hunger and thirst for righteousness,
for they shall be satisfied.

Prayers

*Intercessions are offered
for the day and its tasks
for the world and its needs
for the Church and her life*

Trusting in the compassion of God,
as our Saviour taught us, so we pray
All Our Father in heaven ...

Conclusion

May God our Redeemer show us compassion and love.
All Amen.
Let us bless the Lord.
All Thanks be to God.